More clients (those with addiction and loved ones) agreed after 120 days of coaching:

- 40%: "My health is good"
- 43%: "I wake up feeling rested"
- 37%: "I'm satisfied with my social network"
- 50%: "I'm satisfied with my emotions and feelings"
- 48%: "I'm satisfied with my mental health"
- 38%: "I can talk about my problems with my family"
- 39%: "My family supports me living a healthy lifestyle"
- 42%: "My values are clearer and stronger"
- 38%: "People look to me for support"
- 39%: "I'm satisfied with my finances"

Among loved one clients, after at least 60 days of coaching:

- 65% of clients with the disease reduced healthcare use because of addiction-related issues
- 26%: no longer felt they were enabling their person with the disease in an unhealthy way
- 24%: reduced their stress
- 38%: no longer felt their work was negatively impacted by their person with the disease relationship
- 29%: no longer cut back on activities important to them

After 60 days of coaching:

- 3 out of 5 loved one clients reduced their risk level
- 7 out of 10 clients with the disease reduced their risk level

Source: 2018 Face It TOGETHER Evaluation Report